



*Hambleton, Richmondshire and Whitby
Clinical Commissioning Group*

parkruns in our area

9am Every Saturday

Simply register online to get your barcode, turn up and enjoy.

Northallerton

Hambleton Leisure Centre, Stone Cross,
Northallerton, North Yorkshire, DL6 2UZ.

[http://www.parkrun.org.uk/northallerton/
northallertonhelpers@parkrun.com](http://www.parkrun.org.uk/northallerton/northallertonhelpers@parkrun.com)

Catterick

Catterick Racecourse, Catterick Road, Catterick
Bridge, Richmond, North Yorkshire, DL10 7PE.

[http://www.parkrun.org.uk/catterick/
catterickhelpers@parkrun.com](http://www.parkrun.org.uk/catterick/catterickhelpers@parkrun.com)

Darlington South Park

South Park, Parkside, Darlington, Co. Durham,
DL1 5TG

[http://www.parkrun.org.uk/darlingtonouthpark/
darlingtonouthparkhelpers@parkrun.com](http://www.parkrun.org.uk/darlingtonouthpark/darlingtonouthparkhelpers@parkrun.com)

Stewart (Middlesbrough)

Stewart Park, Middlesbrough.

[http://www.parkrun.org.uk/stewart/
stewarthelpers@parkrun.com](http://www.parkrun.org.uk/stewart/stewarthelpers@parkrun.com)

Tees Barrage (Middlesbrough)

Tees Barrage International White Water Centre,
TS18 2QW

[http://www.parkrun.org.uk/teesbarrage/
teesbarragehelpers@parkrun.com](http://www.parkrun.org.uk/teesbarrage/teesbarragehelpers@parkrun.com)

Albert (Middlesbrough)

Albert park, Middlesbrough TS1 3LB

[http://www.parkrun.org.uk/albert/
alberthelpers@parkrun.com](http://www.parkrun.org.uk/albert/alberthelpers@parkrun.com)

Fountains Abbey (Harrogate)

Fountains, Ripon HG4 3DY

[http://www.parkrun.org.uk/fountainsabbey/
fountainsabbeyhelpers@parkrun.com](http://www.parkrun.org.uk/fountainsabbey/fountainsabbeyhelpers@parkrun.com)

Harrogate

The Stray, Harrogate

[http://www.parkrun.org.uk/harrogate/
harrogatehelpers@parkrun.com](http://www.parkrun.org.uk/harrogate/harrogatehelpers@parkrun.com)

Flatts Lane (Middlesbrough)

Flatts Lane Woodland Country Park.

[http://www.parkrun.org.uk/flattslane/
flattslanehelpers@parkrun.com](http://www.parkrun.org.uk/flattslane/flattslanehelpers@parkrun.com)

Dalby Forest (Scarborough)

Dalby Forest Courtyard, Low Dalby, Pickering,
YO18 7LT.

[http://www.parkrun.org.uk/dalbyforest/
dalbyforesthelpers@parkrun.com](http://www.parkrun.org.uk/dalbyforest/dalbyforesthelpers@parkrun.com)

Redcar

Locke Park, Redcar

[http://www.parkrun.org.uk/redcar/
redcarhelpers@parkrun.com](http://www.parkrun.org.uk/redcar/redcarhelpers@parkrun.com)

Junior parkruns

Every Sunday 9am

2k run for juniors only (4-14 year olds).

Northallerton Juniors

Stone Cross Playing Fields, Northallerton Leisure
Centre, Stone Cross, Northallerton, North
Yorkshire, DL6 2UZ

[http://www.parkrun.org.uk/northallerton-juniors/
northallerton-juniorshelpers@parkrun.com](http://www.parkrun.org.uk/northallerton-juniors/northallerton-juniorshelpers@parkrun.com)

Hemlington Lakes Juniors (Middlesbrough)

Hemlington Lake, Hemlington Hall Road,
Middlesbrough, Cleveland, TS8 9JH

[http://www.parkrun.org.uk/hemlingtonlake-
juniors/
hemlingtonlake-juniorshelpers@parkrun.com](http://www.parkrun.org.uk/hemlingtonlake-juniors/hemlingtonlake-juniorshelpers@parkrun.com)

Harrogate Juniors

The Valley Gardens, Harrogate, HG1 2SZ

[http://www.parkrun.org.uk/harrogate-juniors/
harrogate-juniors@parkrun.com](http://www.parkrun.org.uk/harrogate-juniors/harrogate-juniors@parkrun.com)